

Nights Away Kit List

All young people will need to bring their personal equipment and should be encouraged to pack themselves. This list is only a guide & would depend on weather conditions & activities.

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| <input type="checkbox"/> Complete uniform (uniform must be worn on arrival & departure) | <input type="checkbox"/> Scarf, hat and gloves |
| <input type="checkbox"/> Warm sweaters, jumpers or sweatshirts | <input type="checkbox"/> Sun hat, sun cream and sun glasses |
| <input type="checkbox"/> T-shirts or similar | <input type="checkbox"/> Sleeping bag |
| <input type="checkbox"/> Trousers or shorts | <input type="checkbox"/> Foam roll, sleeping mat/ self-inflating. No airbeds. |
| <input type="checkbox"/> Spare underclothes (one pair per day) | <input type="checkbox"/> Small pillow, |
| <input type="checkbox"/> Spare socks (one pair per day) | <input type="checkbox"/> Polythene bags (for dirty clothes) |
| <input type="checkbox"/> Nightwear (?) | <input type="checkbox"/> Torch and spare batteries |
| <input type="checkbox"/> Hike boots/ strong shoes/ wellies | <input type="checkbox"/> Personal first aid kit |
| <input type="checkbox"/> Waterproof (coat and trousers) | <input type="checkbox"/> Day sack and plastic drinks bottle |
| <input type="checkbox"/> Personal washing requirements and towel | <input type="checkbox"/> 6 small cakes |
| <input type="checkbox"/> Hankies / Tissues | <input type="checkbox"/> |

- It is best to pack a rucksack or sports bag that you can carry on your back. Suitcases are not suitable for tents.
- Please don't use bin liners to pack sleeping bags etc, they tear very easily.
- All items should be clearly labelled with the young person's name, especially uniforms & neckerchiefs.
- **NO MOBILE PHONES (UNLESS AGREED)**

SPACE IS VERY LIMITED PLEASE DON'T OVERPACK